**WENTWORTH MEDICAL PRACTICE.**

**38 Wentworth Avenue, Finchley, London, Greater London, N3 1YL**

**020 83461242**

24 February 2023

Dear University (To whom it may concern) ,

Re: Miss Savani Sarvottam Sawaikar

NHS: 707 533 3410

DOB: 02-Aug-2004

39 Hervey Close

London

N3 2HG

Home: 07438112145 Mob: 07438112145

I would be grateful for extra support that can be offered to Savani regarding her studies.

A copy of my latest consultation(s) and other relevant information is below.

Kind regards

Dr Holloway

GP.

**Consultations**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Date** |  | **Consultation Text** |  |  |
| 24-Feb-2023 12:51 |  | GP Surgery (WENTWORTH MEDICAL PRACTICE.) HOLLOWAY, Adeola (Dr) |  |  |
| History |  | Previously under investigation for Palpitations |  |  |
|  |  | Cardiology clinic letters noted - Dr Maradia has discussed results . Was told Satisfactory ECG and ECHO. No Cardiac cause of her palpitations |  |  |
|  |  | Bloods satisfactory as well |  |  |
|  |  | She says she is still experiencing panic attacks and wonders if this is cause for the palpitations |  |  |
|  |  | triggers for anxiety - busy unfamiliar places , small spaces |  |  |
|  |  | physical reaction - feels heart racing , palms sweaty , light headed |  |  |
|  |  | lasts 30mins and self settles |  |  |
|  |  | Has been afecting her university studies as it is taking her longer to complete tasks. |  |  |
|  |  | She would value support from university eg extra allocated time to complete assignments. Sensitivity to her sitting location during exams |  |  |
|  |  | Mood euthynic |  |  |
|  |  |  |  |  |
| Problem |  | **Anxiety state** *(First)* |  |  |
|  |  |  |  |  |
| Comment |  | Symptoms suggestive of anxiety state/anxiety disorder |  |  |
|  |  | Advised IAPTs talking therapies in the first instance and review progress in 4-6 weeks or longer |  |  |
|  |  | Will send letter for Uni – for academic support |  |  |
|  |  | If worsening symptoms seek medical attention |  |  |
|  |  | HWP |  |  |
|  |  |  |  |  |
| Examination |  | sounds well, otpp, No thought disorder, no distress. |  |  |
|  |  |  |  |  |

**Problems**

***Active***

|  |  |  |  |
| --- | --- | --- | --- |
| **Date** | **Problem** | **Associated Text** | **Date Ended** |
| 24-Feb-2023 | Anxiety state |  |  |

***Significant Past***

|  |  |  |  |
| --- | --- | --- | --- |
| **Date** | **Problem** | **Associated Text** | **Date Ended** |

**Medication**

***Acute***

|  |  |  |  |
| --- | --- | --- | --- |
| **Drug** | **Dosage** | **Quantity** | **Last Issued On** |
| Comirnaty Original/Omicron BA.1 COVID-19 mRNA Vaccine 15micrograms/15micrograms/0.3ml dose dispersion for injection multidose vials (Pfizer Ltd) | 0.3 ml Intramuscular | 0.3 ml | 06-Jan-2023 |

**Allergies**

No allergies recorded.

**Values and Investigations**

No values or investigations recorded.

Many thanks,

HOLLOWAY, Adeola (Dr)